

# List of Needs

## for Michel Vital Foundation

### NON-PERISHABLE FOOD ITEMS

*avoid glass jars.*

- Applesauce (*plastic only*)
- Baby Food
- Beans (*canned or dried*)
- Cake or Brownie Mix
- Canned Fruit
- Canned Meats
- Canned Tuna
- Canned Vegetables
- Cereal
- Coffee
- Cookies
- Condiments (*plastic only*)
- Crackers
- Dried Beans
- Dried Fruit
- Fruit Roll-ups
- Granola Bars
- Infant Formula
- Jello or Pudding Mix
- Jelly/Jam/Preserves
- Juices and Drinks
- Oatmeal/Cream of Wheat
- Pancake Mix
- Pasta and Grains
- Peanut Butter (*plastic only*)
- Parmalat or Dried Milk
- Tomato Sauce
- Tuna or Sardines
- Rice
- Soups
- Teas and Cocons
- Vegetable/Olive Oil (*plastic only*)

### ESSENTIAL ITEMS

*Please be sure all items are gently used and freshly laundered.*

- Blankets for twin beds
- Clothes
- Pillows
- Shoes

#### Hygiene Items

- Toothpaste
- Shampoo
- Hand Sanitizer
- Soap
- Toilet Paper
- Paper Towels

### ADDITIONAL ITEMS

- Batteries (Sizes D and AA)
- Generators
- Books
- Toys
- Hair accessories

### ITEMS NOT TO DONATE

- Anything in Glass
- Baked Goods
- Butter
- Cakes
- Cleaning Products
- Cold Cuts
- Doughnuts
- Eggs
- Fresh Fish & Seafood
- Fresh Produce
- Frozen Vegetables
- Ice Cream
- Meat (*fresh or frozen*)
- Milk
- Pastries
- TV Dinners
- Yogurt

### CONTACT US:



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